

IAAH Congress 2018

PROGRAM, SKILLS BUILDING WORKSHOP IAAH 2018

October 3rd 2018

WORKSHOP TITLE	How to address problematic use of social media & internet by adolescents?
RATIONALE	<p>In all countries of the world, the majority of adolescents use internet for various activities. Despite internet use's positive aspects, problematic use of internet can negatively affect the health and development of adolescents. Moreover, many parents feel distraught by the behaviour of their children in this area.</p> <p>Health professionals have a responsibility to address the issue of internet use with all adolescents and with their families.</p>
Facilitators:	<p>Prof. Pierre-André Michaud, University of Lausanne Dr. Yusuke-Leo Takeuchi, University Hospital Lausanne</p>
Language	English (with simultaneous translation in Russian & Rumanian)
Training objectives	<p>By the end of the workshop, participants will be able to</p> <ol style="list-style-type: none"> 1. Identify the various use of internet and social media by adolescents 2. Understand the potential positive and negative effect of internet on adolescent brain, development and health 3. Assess internet use of any adolescent, and when to bother 4. Develop strategies to support adolescents and their families in using internet appropriately
Schedule	October 3 rd morning