

## IAAH Congress 2018

### PROGRAM, SKILLS BUILDING WORKSHOP IAAH 2018

October 3<sup>rd</sup> 2018

<b>WORKSHOP TITLE</b>	<b>Parenting</b>
<b>RATIONALE</b>	Child and adolescent development, health and wellbeing depend largely on the family environment, traditions and relationships with parents. Parental support can become a protective health and wellbeing asset, while lack of understanding, communication and support can become a factor exacerbating risky behaviour.
<b>Facilitator:</b>	<b>Dr. Ann Hagell</b> PhD, MScPH, Research Lead Association for Young People's Health (AYPH), United Kingdom
<b>Co Facilitator:</b>	<b>Ms. Iryna Skorbun</b> Project Manager, Women Health and Family Planning Charitable Foundation, Ukraine  <b>Ms. Alexandra Ilieva</b> Project Coordinator UNESCO Institute for Information Technologies in Education  <b>Mr. Konstantin Zakharov</b> Project Coordinator Doctors for Children, Public organization, Russian Federation
<b>Language</b>	<b>English and Russian</b> (with simultaneous translation)
<b>Training objectives</b>	By the end of the workshop, participants will be able to: 1. understand adolescent development and the importance of issues of confidentiality, consent and the transition to independence; 2. identify ways how to support a young person if they are ill or in crisis and what to do if the parents are part of the problem; 3. identify strategies for open and trust-based communication with children and adolescents on issues related to sexuality, relationships, sexual and reproductive health; 4. identify resources for professionals and parents
<b>Schedule</b>	October 3 <sup>rd</sup> morning session (9-12h)

