### WORKSHOP TITLE
Parenting

### RATIONALE
Child and adolescent development, health and wellbeing depend largely on the family environment, traditions and relationships with parents. Parental support can become a protective health and wellbeing asset, while lack of understanding, communication and support can become a factor exacerbating risky behaviour.

### Facilitator:
**Dr. Ann Hagell**  
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Association for Young People’s Health (AYPH), United Kingdom

### Co Facilitator:
**Ms. Iryna Skorbun**  
Project Manager,  
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Project Coordinator  
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Project Coordinator Doctors for Children, Public organization, Russian Federation

### Language
**English and Russian** (with simultaneous translation)

### Training objectives
By the end of the workshop, participants will be able to:
1. understand adolescent development and the importance of issues of confidentiality, consent and the transition to independence;
2. identify ways how to support a young person if they are ill or in crisis and what to do if the parents are part of the problem;
3. identify strategies for open and trust-based communication with children and adolescents on issues related to sexuality, relationships, sexual and reproductive health;
4. identify resources for professionals and parents

### Schedule
October 3rd morning session (9-12h)