

IAAH Congress 2018

PROGRAM, SKILLS BUILDING WORKSHOP IAAH 2018

October 3rd 2018

WORKSHOP TITLE	Long-acting reversible contraceptive (LARC) methods. Nexplanon inserting workshop
RATIONALE	LARC methods are the most effective methods of reversible contraception. LARC methods should be considered first-line options for teens seeking contraception. Adolescents are among the highest risk group for unplanned pregnancy because of high fertility and high risk of sexual behavior. LARC methods are forgettable, safe in the adolescent population, very effective and are highly cost-effective.
Facilitators:	Dr. Mairi Kaha, Gynaecologist Sexual Health Clinic Tallin, Estonia
Language	Russian
Training objectives	By the end of the workshop, participants will be able to <ol style="list-style-type: none"> 1. increase awareness of different LARC methods and their indications 2. council about contraception needs, opportunities and side effects 3. insertion and removal of implant (Nexplanon)
Schedule	October 3 rd morning / afternoon