

The 21st European Regional IAAH Conference 2018

Master Class PROGRAMME

October 5th

TITLE	A modern young family in terms of gender roles - marital contract, balance and conflict.
RATIONALE AND CONTENT	During the workshop we will consider several concepts of gestalt therapy and family therapy about the causes of conflicts in the couple. 1. The discrepancy between the expectations of partners from each other. 2. Imbalance in meeting the significant needs of the spouses. 3. Mismatch of ideas about the investment and the benefits of each partner. As Gestalt therapists, we will use some experiments to explore the understanding of "giving and receiving" in pairs, as well as the balance of rights and responsibilities in resolving a conflict in pairs.
Lead facilitator:	Lekareva Maria Pavlovna, Candidate of Psychological Sciences, Associate Professor, Head of the Department of Gestalt Therapy MIHIP Moscow
Language	Russian
Objectives:	First, we will examine the meeting with the expectations of both partners, in the next step, we will consider the possibility of negotiating the distribution of responsibilities in the family, and the third step is to find out how the conflict arises, and in which case the gestalt therapist can be useful for couples. Experience and materials prepared during the workshop will be useful for counseling couples.
Schedule	5th October -14.30 -16.30 https://iaahconference2018moldova.yk.md/program