

IAAH Congress 2018

PROGRAM, SKILLS BUILDING WORKSHOP IAAH 2018

October 3rd 2018

WORKSHOP TITLE	Open dialogue: what can be done to improve the capacity of youth friendly health services to address the mental health needs of adolescents in EECA?
RATIONALE	<p>Many countries in Eastern Europe and Central Asia have invested in developing youth friendly health services. These services have a long track record in providing support to adolescents and young people (AYP) on sexual and reproductive health and on HIV prevention including testing. However, one of the key areas of need that YFHS services are not addressing are mental health issues, such as anxiety, depression, substance use, addictions, suicidal ideation etc.</p> <p>Many professionals working with AYP see the need to address these mental health issues within their services but lack the capacity and systems for doing so.</p> <p>This discussion will help identify some areas where good experiences exist and come up with pointers on what needs to be improved.</p>
Facilitators:	<p>Dr Ruslan Malyuta, UNICEF Regional Office for Europe and Central Asia</p> <p>Shalpan Karzihbaeva, Adolescent health expert, Youth Friendly Services, Almaty, Kazakhstan.</p>
Language	Russian with English translation
Training objectives	<p>By the end of the workshop, participants will be able to</p> <ol style="list-style-type: none"> 1. Share ideas and experiences on what YFHS could do to address adolescent mental health. 2. Identify areas of need in terms of advocacy, capacity building and health systems strengthening work.
Schedule	<p>October 3rd afternoon (please look at the program website)</p> <p>https://iaahconference2018moldova.yk.md/program</p>