

## RESOLUTION of

21st European Regional IAAH Conference 2018 and III National Conference in Adolescent Health

### **“Equal opportunities for healthy development for all adolescents”**

3-5 October, 2018, Chisinau, Moldova

#### **Considering**

- The valuable health potential of adolescents for the future success of our society,
- Some trends of concern in the health and wellbeing of adolescents, particularly in mental and sexual health,
- Adolescents' right to safe and healthy development,
- The national and international success stories and experiences in the field, exemplified in this conference,

We, the participants in the 21st European Regional IAAH Conference 2018 and III National Conference in Adolescent Health, in order to successfully implement the provisions of the UN Convention on the Rights of the Child, Sustainable Development Goals, WHO Accelerated Action for the Health of Adolescents (AA-HA!) guidance document recommendations, as well as other relevant legislative and regulatory acts, ask the responsible authorities to ensure:

- Equity in access to health information and health care for adolescents, in terms including age, gender and socioeconomic circumstances.
- Disaggregation of collected data related to the health and wellbeing of adolescents into gender categories and 5-year categories for age groups 10-14, 15-19 and 20-24.
- Include an adolescent health data gathering process, including collaboration in the HBSC survey, in national financially covered strategic plans/programs.
- Meaningful involvement of adolescents in the planning, implementation and evaluation of health interventions.
- Increase responsiveness of all health care services to the developmental and health-related needs of adolescents.
- Closer working between adolescent health professionals and education professionals to ensure a safe, violence- and discrimination-free enabling environment in schools which will help adolescents to achieve their best health and improve their learning.
- Introduction of mandatory comprehensive health and relationships education, with a focus on sexual and reproductive health, in schools as a matter of urgency by national governments in Europe and Central Asia.
- Promotion of the WHO global AA-HA! guidance among national governments to develop strategies for holistic and integrated adolescent health services.
- Better access to mental health services for adolescents, particularly considering the needs of groups at extra risk due to social determinants or life circumstances.
- Action on the ISSOP 2017 Budapest Declaration on the rights, health and wellbeing of children and youth on the move.
- Action to acknowledge and improve the rights, health and wellbeing of children and youth left behind as they are separated from families on the move and/or whose parents may be forced to work abroad.
- More active involvement of all European and Central Asian national adolescent health associations and professional networks in future IAAH activities.

Signatories – Participants from 33 countries attending the 21st European Regional IAAH Conference 2018 and III National Conference in Adolescent Health.